



Competition Rules & Info

Entry.

Key dates

- Video entries close: 25 January 2026
- Finalists announced: Week commencing 9 February 2026

Entry details

- Entry fee: £25 per entry (non-refundable)
- Entry forms must be completed via our website:
www.southcoastaerialtournament.co.uk
- Entries are only valid once payment has been received via the Stripe link on our website

Equipment & Categories

- You may enter on more than one piece of equipment (Please submit a separate entry form and fee for each piece of equipment)
- Doubles entries are classed as one entry and therefore require only one form and one fee
- Age is defined as the competitor's age at the time of the final

Qualification

- The top 6 scoring entries in each category will qualify for the LIVE final, taking place on 2–3 May 2026

Video Entries

Videos must be maximum 3 mins

Sent by the following options ONLY:

- **Vimeo (preferred)**
- **Youtube**
- **Dropbox**

No file sharing sites like google links, icloud, we transfer etc as these expire and not accessible to all our judges.

Please ensure they are set up to be public or viewable with a link.

Videos must be from with-in the last 12 months.

Videos from previous comps/shows are allowed.

Scoring

You will be marked for each of the following categories:

- Tricks - performed correctly and neatly
- Tricks - variety of strength/flex, top/bottom bar etc, interesting tricks and combinations
- Transitions on the equipment between moves and on/off the equipment
- Floorwork
- Performance
- Musicality
- Costume is NOT judged at video stage but will be judged at the final
- Feedback will be emailed after the video judging has finished, and given to club coaches after the live competition for them to give to their students.

SOUTH COAST

- 50% of the final spaces in each category are reserved for those in the South.
 - Including:
 - Hampshire
 - Wiltshire
 - Berkshire
 - Surrey
 - Sussex.

Categories

Minis (8 years & Under – Mixed Ability)

Hoop

Silks

Open

Juniors (Ages 9 - 12 years):

Beginners All Apparatus

Intermediate Aerial Hoop

Intermediate Silks

Intermediate Open

Advanced All Apparatus*

Minis/Juniors Doubles (6-12years)

*(If enough entrants, categories
may be split into individual apparatus)

Categories

Youth (Ages 13-17 years):

Beginners All Apparatus

Intermediate Hoop

Intermediate Silks

Intermediate Open

Advanced Hoop

Advanced Silks

Advanced Open

Elite All Apparatus

Youth/Senior Doubles (ages 13-17yrs)

Categories

Adults (18+):

Beginners Mixed Aerial

Intermediate Hoop

Intermediate Silks

Intermediate Open

Advanced Mixed Aerial*

Doubles

Instructors

*(If enough entrants, categories
may be split into individual apparatus)

Provisional Running Order

Saturday 2nd May:

Minis

Juniors

Adults

Sunday 3th May.

Youth

Age Groups

- Age is determined as of date of final.
- All Entries under 18 must have parental consent.
- Each category will need a minimum of 3 entrants to run; we reserve the right to merge categories if required.
- Open category includes anything that can be rigged to a single point, including but not limited to:
 - sling, trapeze, flying pole, rope.

Open

- **Open category includes anything that can be rigged to a single point, including but not limited to;**
 - **Sling, Trapeze, Flying pole, Rope.**
- **Any equipment used for open category must be able to rig to a single point. You will accept all responsibility for it. South Coast Aerial Tournament accepts no responsibility for equipment failure and requests you have any equipment safety checked before use.**

Elite

- **Elite is a mixed apparatus category for anyone who has competed/placed at:**
 - **UKAPC (finalist of emerging/experienced or adults)**
 - **IPAAT (placed top 2 in advanced)**
 - **UAA (placed top 3 in advanced or above)**
 - **South West Aerial Championships (Placed 1st) (this does not include their novice category)**
- **If we feel you have entered the wrong category we reserve the right to move you and will advise you of this.**

Doubles

- **Doubles will run as a split age category as long as there is a minimum of 3 to run each age group.**
- **Competitors will fall under the age group of the oldest in the pairing.**
 - **I.E 9& 13 would have to enter into youth/senior doubles.**
 - **If required we reserve the right to run doubles as one category if we do not have enough entrants to split the ages. This will then be weighted more on performance.**

Equipment

- South Coast Aerial Tournament will provide hoops and silks
- all other equipment must be provided by competitors.
- All Hoop finalists **must** use hoops provided. These will be 75, 80, 85, 90 & 95 cm Tableless. Silks competitors may bring their own equipment or use South Coast Silks.
- We will contact you ahead of the final to confirm your equipment.
- There are no set heights, all equipment will be on a pulley system and you will be asked to check the height before you start your routine.
- Our rig is 6m high
- A Crash mat is compulsory for all U16 competitors and will be supplied for any adult competitor also wanting one. No marks will be lost for using crash mats.
- All equipment will be on a single point and use a swivel.
- A large floor space all around the rigging point to allow for floor work.

Music

- **Maximum Routine Length for all categories is 3mins.**
- **No offence language.**
- **Marks will be deducted for breaking time limit - 5 marks for every 10 seconds.**
- **Music for the finalists need to be sent to info@southcoastaerialtournament.co.uk by 31st March 2026. Failure to send these in on time will mean you will be removed from the running order.**
- **Music must be sent to the organisers via email in MP3 format. No Spotify/Youtube links etc.**
- **Please also bring a back up on the day in case of tech difficulties.**

Props & Costume

Props

- Props are allowed that do not make a mess. No liquids or glitter that require cleaning up.
- Handheld props only – No large items.

Costume:

- No shoes of any kind on the equipment, Gaiters however can be worn.
- You will be marked down for any costume malfunction.
- Any indecent exposure will result in you being disqualified.

Prizes

- Prizes will be award for:
 - 1st/2nd/3rd per category
 - Highest hoop, silks, open score per age group (across beg/inter/adv)
 - Overall grand champion (highest score)
 - There will also be special prizes for stand out performers chosen by the judges, including
 - Best Performer
 - Best Story Teller
 - Best Costume.

Info & T's & C's

- **South Coast Aerial Tournament reserve the right to use any photos or videos taken at the final for marketing purposes.**
- **Entrants may not be under the influence of drugs or alcohol.**
- **Entrants must be fit and able to take part and responsible for their own warm up.**
- **First aiders will be present on site as per our risk assessment. A copy of which is available upon request.**
- **You will be asked to complete a waiver upon check-in to confirm you are fit to compete.**
- **The organisers reserve the right to disqualify anyone acting unprofessionally.**
- **Spectators are not allowed in the performance area under any circumstances**

Info & T's & C's

- All competitors compete at their own risk.
- Please only perform moves your competent in and your instructor has approved.
- All competitors will be provided with feedback.
- Entrants will only be given one opportunity to compete, even if a mistake is made. If you decide to stop your performance you will be marked up to where you finished.
- No refunds will be given once entered if you decide to pull out for any reason.
- In the event of a tie with 2 or more competitors getting the same number of total points:
 - a winner will be declared based on who has the highest score on the Overall Performance section.
 - if still tied the person with the highest marks in the tricks section will be the winner.

Info & T's & C's

- We will do everything in our power to have the competition on the date advertised, however should there be a similar situation to 2020 and 2021, and a situation arises out of our control we reserve the right to move the competition to later in the year.
- By entering, you agree you have read and understood the terms and conditions, rules and entry criteria.
- If you have any queries, please message the competition Facebook page or email info@southcoastaerialtournament.co.uk and we will get back to you within 10 working days.